

# Week One

EGGS

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

Monday

**Choose From**  
Pork Sausage with Mash,  
Yorkshire Pudding & Gravy  
Chicken Sausage with Mash, **H**  
Yorkshire Pudding & Gravy  
Quorn Cottage Pie

**On the Side**  
Carrots & Green Beans  
**Something Sweet**  
Apple Crumble  
with Custard

Tuesday

**Choose From**  
Chicken Korma  
with Wholegrain Rice  
Chicken Peppers **H**  
with Wholegrain Rice  
Margherita Pizza  
with Garlic Bread

**On the Side**  
Peas & Sweetcorn  
**Something Sweet**  
Lemon Drizzle Cake

Wednesday

**Choose From**  
Beef Lasagne  
Lamb Bolognese **H**  
Jacket Potato with  
Baked Beans & Coleslaw

**On the Side**  
Carrots & Cauliflower  
**Something Sweet**  
Golden Rice Crispy Cake

Thursday

**Choose From**  
Roast Chicken Breast with  
Roast Potatoes & Gravy  
Lemon & Herb Chicken Drumstick **H**  
with Roast Potatoes & Gravy  
Quorn Stir Fry in a Honey &  
Ginger Sauce with Noodles

**On the Side**  
Broccoli & Sweetcorn  
**Something Sweet**  
Fresh Fruit Salad

Friday

**Choose From**  
Tuna Mayonnaise & Salad Wrap **H**  
with Baked Potato Wedges  
Macaroni Cheese

**On the Side**  
Baked Beans & Peas  
**Something Sweet**  
Sticky Toffee Pudding  
with Custard

WEEK COMMENCING: 5TH SEPT, 3RD OCT,  
7TH NOV, 5TH DEC, 9TH JAN, 6TH FEB

**H** = Halal Option

# Week Two

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Monday

**Choose From**  
Beef Chilli Corn Carne  
with Wholegrain Rice  
Keema Aloo & Wholegrain Rice **H**  
Cheese Flan with New Potatoes

**On the Side**  
Cauliflower & Peas  
**Something Sweet**  
Fruity Flapjack

Tuesday

**Choose From**  
Breaded Salmon Fishcakes **H**  
served with Mash  
Quorn Bolognese  
with Spaghetti

**On the Side**  
Baked Beans & Carrots  
**Something Sweet**  
Peach Crumble  
with Custard

Wednesday

**Choose From**  
Garlic & Lemon Chicken Thigh  
served with Roast Potatoes  
Lemon & Herb Chicken Drumstick **H**  
served with Roast Potatoes  
Sweet & Sour Vegetables  
served with Noodles

**On the Side**  
Green Beans &  
Corn on the Cob  
**Something Sweet**  
Frozen Strawberry Yoghurt

Thursday

**Choose From**  
Beef Burger served with  
Baked Potato Wedges  
Quorn Burger & Tomato Relish **H**  
with Baked Potato Wedges  
Roast Vegetable & Bean Wrap  
with Baked Potato Wedges

**On the Side**  
Broccoli & Carrots  
**Something Sweet**  
Pear Upside Down Cake  
with Custard

Friday

**Choose From**  
Chicken & Vegetable Pie  
with New Potatoes & Gravy  
Sweet & Sour Chicken **H**  
served with Noodles  
Spanish Quorn in a Tomato  
Sauce with New Potatoes

**On the Side**  
Green Cabbage & Peas  
**Something Sweet**  
Fresh Fruit Salad

WEEK COMMENCING: 12TH SEPT, 10TH OCT,  
14TH NOV, 12TH DEC, 16TH JAN, 13TH FEB

# Week Three

All of our cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!



Monday

**Choose From**  
Beef Bolognese  
with Spaghetti  
Lamb Bolognese **H**  
Jacket Potato with  
Baked Beans & Coleslaw

**On the Side**  
Green Beans & Sweetcorn  
**Something Sweet**  
Chocolate Oat  
Dream Cookie

Tuesday

**Choose From**  
Roast Turkey with  
Roast Potatoes & Gravy  
Chicken Peppers **H**  
with Roast Potatoes  
Bean & Cheese Burrito  
with Roast Potatoes

**On the Side**  
Carrots & Cauliflower  
**Something Sweet**  
Mixed Berry Sponge  
with Custard

Wednesday

**Choose From**  
Lamb Rogan Josh  
with Rice  
Keema Aloo with Rice **H**  
Margherita Pizza  
with Garlic Bread

**On the Side**  
Broccoli & Sweetcorn  
**Something Sweet**  
Chocolate & Beetroot Brownie  
with Chocolate Custard

Thursday

**Choose From**  
Fish Fingers & Chips **H**  
Vegetable Chow Mein

**On the Side**  
Baked Beans & Carrots  
**Something Sweet**  
Fresh Fruit Salad

Friday

**Choose From**  
Jamaican Jerk Chicken  
with Rice & Peas  
Lemon & Herb Chicken Drumstick **H**  
served with Wholegrain Rice  
Quorn Sausage  
with Mash & Gravy

**On the Side**  
Broccoli & Peas  
**Something Sweet**  
Shortbread with  
Flavoured Milk

WEEK COMMENCING: 19TH SEPT, 17TH OCT,  
21ST NOV, 19TH DEC, 23RD JAN, 20TH FEB



Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

# Week Four



CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Monday

**Choose From**  
Chicken & Tomato Pasta Bake  
Sweet & Sour Chicken **H**  
served with Noodles  
Quorn Chilli Con Carne  
with Wholemeal Rice

**On the Side**  
Broccoli & Carrots  
**Something Sweet**  
Peach Sponge  
with Custard

Tuesday

**Choose From**  
Shepherds Pie **H**  
Macaroni Cheese

**On the Side**  
Sweetcorn & Peas  
**Something Sweet**  
Banana & Date Muffin

Wednesday

**Choose From**  
Roast Turkey with  
Roast Potatoes & Gravy  
Chicken Dahl **H**  
with Wholegrain Rice  
Roast Vegetable Lasagne  
with Garlic Bread

**On the Side**  
Green Cabbage & Leeks,  
Honey Roasted Parsnips  
**Something Sweet**  
Jelly & Mandarins  
with Vanilla Ice Cream

Thursday

**Choose From**  
Beef Meatballs in Bolognese  
Sauce served with Spaghetti  
Lemon & Herb Chicken **H**  
Drumstick served with Chips  
Falafel Burger with  
Ketchup, Salad & Chips

**On the Side**  
Corn on the Cob  
& Winter Slaw  
**Something Sweet**  
Fresh Fruit Salad

Friday

**Choose From**  
Oriental Sticky Salmon Wrap **H**  
with Sweet Potato Salad  
Quorn Frankfurter with  
Tomato Relish &  
Baked Potato Wedges

**On the Side**  
Baked Beans & Broccoli  
**Something Sweet**  
Iced Bun

WEEK COMMENCING: 26TH SEPT,  
31ST OCT, 28TH NOV, 2ND JAN, 30TH JAN



All our **VEGETARIAN MAIN DISHES, SIDE DISHES & DESSERTS** are Vegetarian Society approved!

All our homemade meat dishes are **RED TRACTOR, FARM ASSURED OR FREE RANGE**

