

Core Skills

Communication and language

Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen.
Develop social phrases.

Personal, Social and Emotional Development

See themselves as a valuable individual.

Build constructive and respectful relationships.

Express their feelings and consider the feelings of others.

Show resilience and perseverance in the face of challenge.

Identify and moderate their own feelings socially and emotionally.

Think about the perspectives of others.

Manage their own needs.

- personal hygiene

Know and talk about the different factors that support their overall health and wellbeing:

- regular physical activity

- healthy eating

- toothbrushing

- sensible amounts of 'screen time'

- having a good sleep routine

- being a safe pedestrian

Physical Development

Further develop the skills they need to manage the school day successfully:

- lining up and queuing

- mealtimes

Understanding the World

Talk about members of their immediate family and community.

Name and describe people who are familiar to them.

Recognise that people have different beliefs and celebrate special times in different ways.