

Essential Information

Complete their own all about me books.

Introduced to the Zones of Regulation- Tool Box

Begin to Select and use activities and resources, with help when needed.

Begin to develop awareness of their own emotions and use simple vocabulary to talk about how they are feeling.

To show a happy confident disposition while at nursery.

To move around all areas inside and outside, accessing resources and activities independently

To begin to understand their rights

To eat independently and enjoy a range of healthy

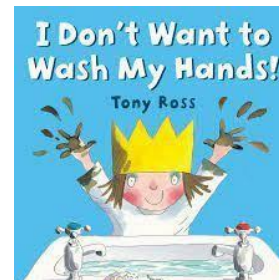
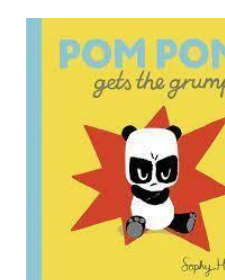
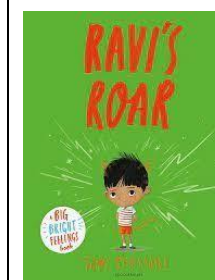
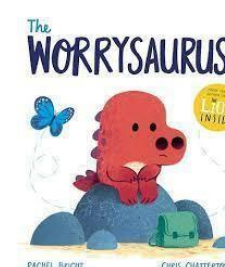
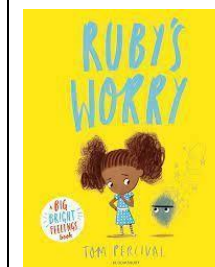
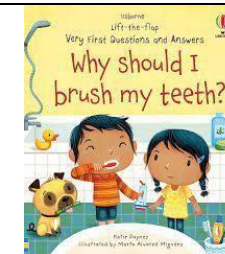
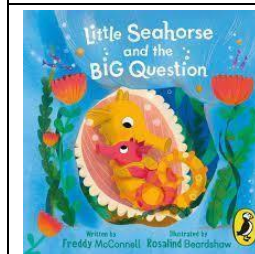
foods To use the toilet independently



Key Vocabulary

happy, sad,
like/dislike
Names of fruits
Names of vegetables

Useful Books



Core Skills

Communication and language

Be able to express a point of view and to debate when they disagree with an adult or friend, using words as well as actions. Start a conversation with an adult or a friend and continue it for many turns.

Personal, Social and Emotional Development

Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen or one which is suggested to them. Develop their sense of responsibility and membership of a community.

Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations.

Play with one or more other children, extending and elaborating play ideas.

Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. Increasingly follow rules, understanding why they are important.

Remember rules without needing an adult to remind them. Develop appropriate ways of being assertive.

Talk with others to solve conflicts.

Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.

Understand gradually how others might be feeling.

Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly. Make healthy choices about food, drink, activity and toothbrushing.

Physical Development

Be increasingly independent as they get dressed and undressed. For example, putting coats on and doing up zips

Understanding the World

Begin to make sense of their own life-story and family's history. Show interest in different occupations.

Continue developing positive attitudes about the differences between people.

Know that there are different countries in the world and talk about the differences they have experienced or seen in photos.