

# Year 6 School Journey

Manor Adventure – Norfolk Lakes  
Lyng in Norfolk

28th September – 2nd October  
October 2026



# Why?

- To deliver the '*Outdoor and Adventurous Activities*' element of the National Curriculum for P.E.
- To support the children's independence, resilience and teamwork skills



# Where?

Norfolk Lakes - Lyng









# NORFOLK LAKES

*New Challenging Experiences*

**WATCH THE FILM** 

# When?

## The beginning of Year 6

- Good bonding experience at the start of Y6
- Helps the children mature before secondary school
- Last memory/experience of primary school
- More affordable price than in the summer term
- Fewer schools so quieter for us – quicker mealtimes, more attention from instructors, better experience



# When?

**Monday 28<sup>th</sup> September – Friday 2<sup>nd</sup> October 2026**

- Leave at 10.45am on the Monday
- Return between 4.00pm and 5pm on the Friday





# How much?

<b>Norfolk Lakes Fee</b> (for tuition, supervision, accommodation and food)	<b>£442</b>
Transport from school to Norfolk Lakes (fixed amount divided by no. of children attending)	? Last year £49
Discount for families eligible for Free School Meals (subsidised by Friern Barnet Educational Trust)	50%



# What do the children do?

- A wide range of outdoor and adventurous activities, covering a range of physical and social skills
- All activities are on site
- All children are encouraged to have a go, but no-one is forced to do something they really don't want to



# Climbing & Abseiling



# Low Ropes



# Obstacle Course



# Fencing



# Team Games



# Stand Up Paddle Boarding





# Giant Stand Up Paddle Boarding



# Giant Canoeing



# Canoeing



# Kayaking



# Raft Building



# Safety in the water



# Blind Trail



# Survival Skills





# Archery



# Axe Throwing



# Volleyball



DAY	SES			
		1	2	3
MON				
	3	HOLLY PARK		
	4	MO	MO	MO
	5	CLIMB	CLIMB	CLIMB
TUE	1	RAFT	RAFT	SUP
	2	SUP	SUP	RAFT
	3	VB	VB	VB
	4	GSUP	GSUP	GSUP
	5	SURV	AXE	SURV
WED	1	FENCE	SURV	AXE
	2	TG	TG	TG
	3	KAYAK	KAYAK	KAYAK
	4	KAYAK	KAYAK	KAYAK
	5	OC	OC	BT
THU	1	GCAN	GCAN	GCAN
	2	BT	BT	OC
	3	CANOE	CANOE	CANOE
	4	CANOE	CANOE	CANOE
	5	IE	IE	FENCE
FRI	1	TOW	TOW	TOW
	2	AXE	FENCE	IE

# Holly Park Adults



- We have all been to Norfolk Lakes many times before
- Each adult has children in their accommodation that they look after – like a family!
- Each adult has their own group – but I am spare and rotate around all the groups
- Vi is in charge of all medicine and first aid
- We are with the children ALL the time.

# Accommodation



# Accommodation



# Sleeping





# Free Time



# Eating

- 3 cooked meals every day
- Cater for vegetarians, vegans, Halal etc
- Cater for allergies and food intolerances
- There is a choice of meals every day





# Norfolk Lakes - 29th Sept - 3rd Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
	Lunch	Lunch	Lunch	Lunch	Lunch
Meat 1.		Hot Dogs	BBQ Chicken Wraps	Chicken Wings	Breaded Fish
Meat 2.		Halal Hot Dogs	Pulled Pork Wraps	Sausage Rolls	Chicken Steaks
Veggie		Veggie Hotdogs	Veggie Chilli Wraps	Veggie Pasty	Veggie Nuggets GF
Carbs / Veg		Chips / Salad	Crisps / Salad	Waffle Fries / Salad	Chips / Salad
	Dinner	Dinner	Dinner	Dinner	Dinner
Meat 1	Cottage Pie	Southern Fried Chicken	Chicken in Tomato & Basil Sauce	Braised Beef Casserole	
Meat 2	Chicken Skewer	Pork Ribs	Beef Bolognese	Butter Chicken Curry	
Veggie	Veggie Cottage Pie	Vegan Beef	Veggie Bolognese	Veggie Curry	
Carbs / veg	Wedges/ Carrots, Gravy	BBQ sauce, Saute Potatoes, Sweetcorn	Pasta, Peas and Salad Bar	Rice, Sweetcorn, Nann Bread	
Puddings	Carrot Cake	Choc Ice	Oreo Donuts	Chocolate Brownie	

*\*Please be aware this is subject to suppliers availability and may change at short notice, however, all dietary requirements will be taken into consideration when creating a suitable replacement.*

# What the children have said...

We had a  
good time!

We  
laughed!

It was a one  
in a lifetime  
chance!

We had SO  
MANY  
experiences

It was fun  
It was active  
We never got  
bored



# What the children have said...

- I thought the water activities would be scary but they didn't feel scary because so many people were doing them.
- When I fell in the water, it felt like I was flying in the air!
- You feel safe doing the activities because of the equipment.
- All the adults are really caring and comforting.



# What the children have said...

- I felt homesick sometimes but when you do the activities, you don't think about it. I became resilient. I feel proud.
- I got to know other children really well.
- You don't feel homesick because you are with your friends.
- You are always busy but there is also space to chill.



# What the children have said...

- The accommodation is clean and homely.
- The instructors are encouraging, nice, funny, fun and engaging.
- The food was really good – I'm a picky eater but it was really good.
- There was lots of wildlife. At nighttime, we saw frogs. On our way to Survival Skills, we saw a giant brown horse.



# What Next?

- A deposit of £50 (non-refundable) to be paid to “Holly Park School” by Monday 1<sup>st</sup> December 2025 to book a place
- No late applications will be taken after this date, unless a new child joins the class
- We will then confirm the price once we know exact numbers.
- You can pay the full amount or in installments





# Confirmation

Manor Adventure have a strict refund policy  
**If your child does not attend, you are still liable  
to pay 75% of the cost to Manor Adventure  
13 days or less you need to pay 100%**

Payments



# Online Payments



# Preparing the children



# Important

- Payments are made on time
- Forms are returned on time especially medical forms with child's NHS number
- We have your contact details and emergency contact details



# Packing

We will send a list of what to pack – please follow this list strictly!!



# Communicating

- Please write to your child while they are away!!
- Please provide your child with paper and a stamped address envelope so that they can write to you



# Texts



HOLLY PARK  
PRIMARY SCHOOL



# Questions

