



HOLLY PARK NEWSLETTER

'We support our children to be their best.'

ISSUE 17

Friday 24th January 2025

You can translate this newsletter and the whole school website at the bottom of the website home page

www.hollyparkschool.co.uk

Healthy Schools – Silver Award

Our Healthy Schools Award was very out of date – so Miss Michael and Mrs Mehtar have been working on it. The focus of the work is on: **'Emotional Wellbeing and Mental Health'**: to improve the overall emotional wellbeing of our pupils, strengthening their ability to be more resilient.

To achieve the Silver Award, schools have to: Undertake a needs analysis of the unique health and wellbeing issues affecting the school, use the needs analysis to identify and define number of pupils, develop planned measurable outcomes and an action plan to achieve the priority and show how it will be monitored and evaluated to measure success and demonstrate improvements.

Our award was approved by the Barnet quality assurance group. Their feedback was:

"Holly Park is clearly a school that cares about the mental wellbeing of the pupils. They have chosen well-considered actions that will hopefully help to build whole-school resilience. One outcome that was particularly interesting to me was around reducing social isolation by asking pupils if they had someone to play with at breaktimes."

"Well done on a clear and comprehensive action plan to address and improve emotional health and wellbeing. It's good to see how this builds upon your previous work within the Resilience Schools programme. We look forward to seeing the impact of the planned actions in your Gold Case Study. We would like to congratulate you on supporting the health and wellbeing of your school community and for creating a health promoting environment and ethos for your pupils and staff."

We are now working towards the Gold Award.



Online Safety – Parent Session Friday 7th February

Do you know what your child is doing on their computer or ipad?

Do you know which sites are safe?

Are you aware of all of the dangers of your child having a mobile phone?

Are your children sending messages on x box?

Is your child watching videos on Youtube?

What are the dangers of Apps?

What social media is suitable for my child?

How much screen time is acceptable?

What are the latest online dangers?

On Friday 7th February we have paid for an outside company to come in and talk about online-safety all day with classes and also to do a meeting for parents at 9am to help parents think about keeping children safe at home on computers, ipads etc when they are playing games and using the Internet. We have run these sessions for the last few years and they have been a great success. Parents found it scary, thought provoking and extremely useful. It is very important to be one step ahead of your child as technology becomes more a part of children's everyday lives. Whatever your child's age or year group, the meeting will be appropriate and useful.

I would urge as many parents as possible to come along to the school hall at 9am on Friday 7th February



Playtime Snacks

Just a reminder of our snack policy:

- **fresh** fruit/veg (not dried fruit)
- no grapes (due to choking hazard)
- plain carbohydrate (e.g. breadstick, cracker, rice cake)

If a child brings in a snack that is not allowed, they will not be told off but will be reminded of what is allowed and asked to put the snack in their book bag to take home.

A reminder that we are a nut free school and that nuts of any kind or nuts in anything else are not allowed.

Attached to the bottom of this newsletter is a chart showing which snacks are and are not allowed. The class teachers will be reminding the children in class using this chart.

If you are in any doubt about the snack policy, please feel free to talk to your class teacher or Mrs Mehtar about it.



Attendance

Whole school attendance for last week was 94%

Well done to Y2 Rowan Class with the best attendance at 100%.

Dates

Tuesday 28 th January	Y2 Great Fire of London Day
Thursday 30 th January	Y3 trip to the Temple at Neasden
Friday 31 st January	Parent meeting – support your child with playtimes 9am
Friday 31 st January	Y4 Viking Day
Monday 3rd February	Children's Mental health Week
Monday 3rd February	Annual House Challenge
Tuesday 7 th February	Safer Internet Day
Wednesday 5 th February	School Journey Meeting for Y4 parents
Wednesday 5 th February	Dress to Express Day
Friday 7 th February	Online Safety Meeting for parents at 9am
Friday 7 th February	HPS Online safety day
Monday 10 th February	Y6 meeting about sex and relationship education 9am
Friday 14 th February	Y1 car making workshop - afternoon
Friday 14 th February	End of Half term at 3.30pm

HALF TERM
















WE HAVE ACHIEVED





Holly Park Playtime Snacks

Fresh Fruits and Vegetables	Plain Carbohydrates
       	   <p>breadsticks</p>  <p>rice cakes</p>  <p>$\frac{1}{2}$ bagel</p>
NO Grapes	NO Dried Fruit
