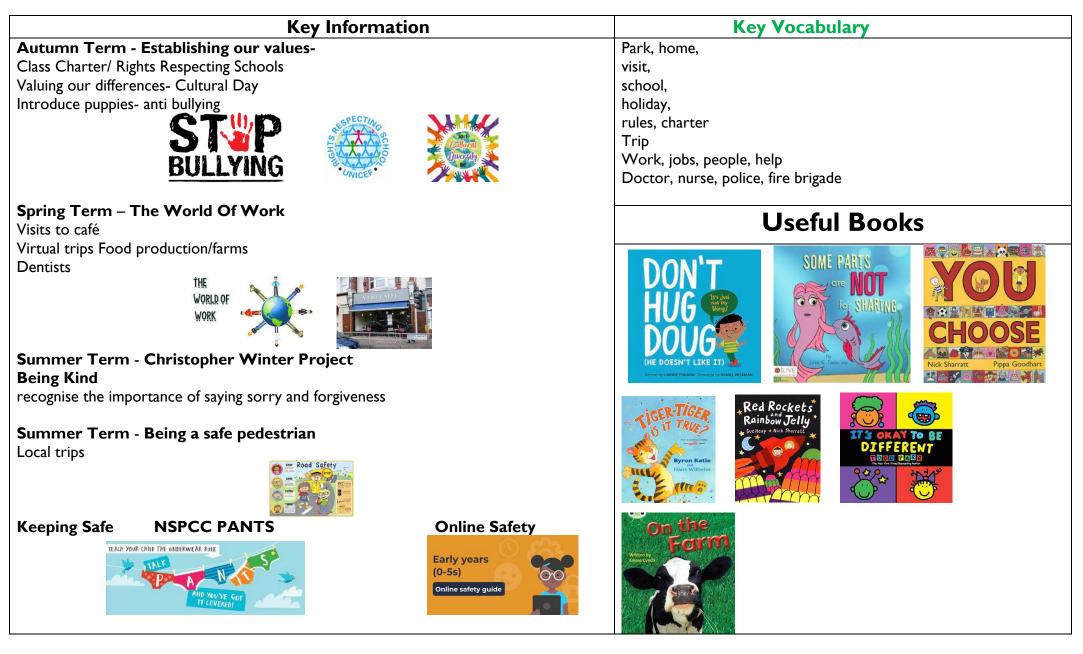
# Reception

#### **HOLLY PARK PSHE Learning Organiser** Core theme: Living in the wider world





#### **Communication and language**

Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen. Develop social phrases.

#### Personal, Social and Emotional Development

See themselves as a valuable individual.

Build constructive and respectful relationships.

Express their feelings and consider the feelings of others.

Show resilience and perseverance in the face of challenge.

Identify and moderate their own feelings socially andemotionally.

Think about the perspectives of others.

Manage their own needs.

personal hygiene

Know and talk about the different factors that support their overall health and wellbeing:

regular physical activity

healthy eating

toothbrushing

sensible amounts of 'screen time'

having a good sleep routine

being a safe pedestrian

## **Physical Development**

Further develop the skills they need to manage the school daysuccessfully: lining up and queuing mealtimes

## Understanding the World

Talk about members of their immediate family and community.

Name and describe people who are familiar to them. Recognise that people have different beliefs and celebratespecial times in different ways.