**Holly Park Mental Health Strategy**

Assembly

Curriculum PSHE lessons – planned wellbeing elements for all years

Learning Mentor available to all children (also ELSA)

Reporting immediately available to all children: incl. Worry Boxes

Talk Time

Pupil Voice activities

Wellbeing Champions

Mini Mentors

Play Leaders

Wellbeing garden

Kooth (Y6)

Parent champions

Mental Health First Aiders

School Dog – Poppy

Parent support links on our school website

**Students involved**-

All pupils will have access to, assemblies, workshops, surveys,

**People involved**-

Pastoral team

Learning Mentor

SENDCO

Pupil Support Officer

PSHE Lead

Class teachers

Trained Mental Health First Aiders: 3 Staff

Designated Mental Health Lead - DSMHL

Trained ELSA

DSL

Designated teacher for LAC

**Tier 2 Provision**

**Whole school programme**

**Tier 3 Provision**

**Tier 1 Provision**

Psychologist Referral (via SENCo)

Children’s Social Services Referral (via DSL)

CAMHS Referral - Consultation, Advice, (Via SENDCO)

**School systems:** Use the zones of regulation

The restorative approach

**Triage**

1. Regular work with Learning Mentor for a short period
2. Peer Mentoring – wellbeing champions & Mini Mentors
3. Referral to Pastoral Team
4. Regular sessions with school dog
5. Use of the sensory room

**Signposting to:**

The family GP or A&E

Young Minds

**Offer**:-

Early Help Hub (incl. family support) via Children’s Social Services

HEWS

Regular sessions with Learning Mentor for a sustained period

Referral to NHS

Bereavement support – Grief Encounter

BYCAS

BICS

**People Involved**:-

Pastoral team

Learning Mentor

SENDCO

Pupil Support Officer

PSHE Lead

Class teachers

Trained Mental Health First Aiders: 3 Staff

Designated Mental Health Lead - DSMHL

Trained ELSA

DSL

Designated teacher for LAC

**People Involved**:-

Children’s Social Services

CAMHS

Psychologist

**People Involved**:-

NHS Programmes

HEWS

Bereavement Counselling - Grief Encounter

Learning Mentor

ELSA work