



HOLLY PARK
PRIMARY SCHOOL

PHSE Curriculum Map

Year Group	Autumn	Spring	Summer
Year 1	All about me My family (Diversity) Protected Characteristics & Equality – Ethnicity Keeping well and clean (Wellbeing) My friendships (Anti Bullying) Looking after myself (Wellbeing)	Losing and finding The Environment Keeping Safe (Online Safety) Awareness of feelings (Wellbeing) First Aid	Being different (British Values - Acceptance) & (Diversity) Money Parts Of The Body
Year 2	All about my feelings (Wellbeing) Healthy people (Wellbeing) Protected Characteristics & Equality – Religion Making and breaking friendships (Anti Bullying) Money, shopping and saving	Keeping safe (Online Safety) (Wellbeing) Global food First Aid	Coping with conflict (British Values – Individual Liberty) Exploring our families (Diversity) Special days About my body
Year 3	Emotions and feelings (Wellbeing) Peer influence/pressure (Anti Bullying) Protected Characteristics & Equality – Age Discrimination	Healthy Lifestyles (Wellbeing) Safe Relationships (Online Safety) Where do things come from? Managing money First Aid	Me and my community (British Values – Rule of Law) Different Families (Diversity) Drug Education - Smoking Keeping safe (Wellbeing) Parts Of The Body Aspirations
Year 4	Friendships / Inclusion Mental Health and Wellbeing (Wellbeing) Persuasion and pressure (Anti Bullying) (Online Safety)	Rights and Responsibilities (Online Safety) Healthy Lifestyles (Wellbeing) Aspirations Media and Me Managing Money	Local Community - shared responsibilities (British Values – Mutual Respect) & (Diversity) Drug Education - Alcohol and Decision making

	Protected Characteristics & Equality – Sex Discrimination	First Aid	Growing and Changing Types of relationships
Year 5	Personal Safety Friendships and Coping with Bullying (Anti Bullying) Protected Characteristics & Equality – Disability Discrimination	Working together and aspirations Media literacy and digital resilience (Online Safety) Healthy lifestyles (Wellbeing) Drug Education - Legal and Illegal Drugs Mental Health and Wellbeing (Wellbeing) First Aid	What makes a Democracy? (British Values) Money Self-Respect and Personal Goals Being Left Out (Diversity) Stereotypes and Diversity (Diversity) Puberty Relationships
Year 6	Conflict resolution (Anti Bullying) Family Dynamics Protected Characteristics & Equality – Sexuality Mental Health and Online Safety (Wellbeing) Protected Characteristics and Bullying (Anti Bullying)	Media literacy and digital resilience (Online Safety) Drug Education - Drugs, risks and the Media Money and Me First Aid	Celebration - supporting each other (Diversity) Democracy and decisions (British Values) Healthy Lifestyles (Wellbeing) Puberty and Relationships Sex Education Aspirations, work and career Personal Safety & FGM Moving on