**What to pack**

**Here’s a list of things you’ll need to pack – along with a few that aren’t essential but could be useful.**

Things you need:

* Sleeping bag and pillowcase
* A water bottle (essential in the summer)
* Torch
* Rucksack
* Toiletries etc (please note deodorants must be roll-on, no aerosols)
* Old clothes for activity sessions – long-sleeved shirts/jumpers, trousers / jogging bottoms, appropriate length shorts. T-Shirts and **closed-toe** shoes are required for nearly all sessions so bring plenty. Clothes, shoes and underwear for other times. NO DENIM JEANS.
* Waterproof clothing (jacket / trousers)
* Large plastic bag for dirty clothes
* Bath towels x 2
* Sunglasses, sun cream and hat in the summer
* Pyjamas and slippers
* Hard wearing waterproof watch
* **COMPULSORY – a teddy**
* Books, playing cards and other quiet activities
* Small electronic devices for the journey there and back (mobile phones MUST NOT have a SIM card and children will not be allowed to access the internet)

Useful notes:

* Wet suit (not compulsory - please note, we do not supply wet suits)
* No wellies
* Please name all clothing
* Denim jeans are not suitable for any of the activities

**Manor Adventure can’t accept liability for the loss of any personal property brought to our centres – so please don’t bring any valuable items, expensive clothing and footwear, mobile phone, handheld games consoles etc. We’re unable to store them and they won’t be insured whilst on centre.**