



# HOLLY PARK NEWSLETTER

ISSUE 5

Friday 8<sup>th</sup> October 2021

[www.hollyparkschool.co.uk](http://www.hollyparkschool.co.uk)

## Meet The Wellbeing Champions

At Holly Park we believe in the importance of Wellbeing for all of our Children. We want them to be provided with opportunities that not only keep their body healthy but their minds too. We have 10 new Wellbeing Champions from Year 6. Their role is to promote positive mental health and wellbeing in our school community. Our Champions are in the process of creating a brand new Wellbeing Garden in our school grounds. The project will be based around the Five ways to Wellbeing framework, developed by the New economics foundation. This initiative is used to help Children understand that there are ways to help themselves live a happy and healthy life. As a Rights Respecting School, they will also be working from the Unicef Outright programme Speak out on children's rights. They will be Learning about mental health and how it is connected to rights. The Wellbeing champions are supported by Mrs Puzey.



## Harvest Festival Assembly – Wednesday 20th October

Holly Park will be celebrating Harvest on Wednesday 20th October. To mark this event, we will be collecting tinned foods, cereals, porridge, rice, Noodles, tea bags, coffee, sugar, jams, oil, dried fruit, biscuits, crackers, washing up liquid, laundry tablets, bubble bath, shower gel, shampoo, soap, toothpaste, and baby formula for Foodbank Aid North London. It would be fantastic if everyone could donate something to support this very worthwhile cause. Please bring in all your donations on Wednesday 20th, and bring them directly to the hall where we will be ready to receive them to make an instant display for our assembly. Please see the poster attached to this newsletter.



## Supporting parents and carers - Young Minds

For parents, it can be helpful to think of 'acting out' behaviour as an iceberg. The challenging behaviour is the tip, but there may be a range of emotions under the surface. The Young Minds website and helpfinder will guide parents to the information and advice they need when they need it.

Click on the link for support and advice: <https://www.youngminds.org.uk/parent/find-help/>

## Black History Month

October is Black History Month. At Holly Park we always celebrate this month. However, we are very keen to ensure that our curriculum is inclusive all year round. The staff have made sure in their planning that across all subjects and across all year groups that the Holly Park curriculum reflects the diversity of our Holly Park community all year round. We have laid out a roadmap in all subjects so that we know that children have covered a diverse range of people in their time at our school.

For example:

**In Year 1** when studying people in history the children will look at women astronauts - Helen Sharman and Mae Carol Jemison. In Design Technology they will learn about Jennie Maizels: British pop-up book creator. In maths they will learn about *Carol Vorderman* or *Rachel Riley* from Countdown who are contemporary modern female mathematicians

**In Year 2** in maths the children will learn about *Katherine Johnson* – African American mathematician, she calculated and analysed the flight paths of many spacecraft for more than 3 decades. Her work helped send astronauts to the moon. In Art they will learn about Sheila Hicks – known for her textile work. In Science they will learn about Elizabeth Garrett Anderson - the *First British female physician and surgeon*

**In Year 3** in RE the children will visit the local Sikh Temple Nanak Darbar Gurdwara. In science they will learn about Mary Anning- Fossil hunter. In DT they will learn about Zaha Hadid: British-Iraqi architect and designer.

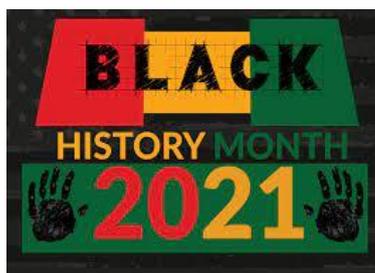
**In Year 4** for PHSE the children will read and discuss a range of books about different families two mums, two dads, Gender stereotypes, Single parent families (single father) different families and fostering. In history they will learn about the Queens of Ancient Egypt - Cleopatra, Nefertiti and Hatshepsut. When doing the Vikings in Britain, they will learn about a famous female Viking warrior Freydis Eiriksdottir. In maths they will learn about Benjamin Bannekar, a Self-taught African American mathematician accredited with making first wooden clock that kept accurate time.

**In Year 5** in history the children will learn about: Ancient Greeks: Agnodice of Athens – first ever female midwife. When studying the Victorians: Ignatius Sancho (1729-80) born on a slave ship bound for England, became a famous composer and literary celebrity. In RE they will visit the North Finchley mosque.

**In Year 6** in history the children in their WW2 topic will learn about Tuskegee Airmen – all-black American fighter pilot group. In PHSE they will read about adoption, Single parent families, gender stereotypes, being different and gender identity. In maths they will learn about Muhammad ibn Musa al-Khwarizmi – ‘Father of Algebra’ - he introduced Hindu-Arabic numerals used by the Islamic world and later adopted by European mathematicians in the 12<sup>th</sup> Century.

These are just some of the diverse people who are interwoven throughout our Holly Park curriculum so that our curriculum celebrates the diversity of our community throughout the whole year.

The theme for Black History Month 2021 is ‘Proud to be’ There will be various assemblies this month and a whole school homework before the end of half term which will link to this theme.



**Food Safety**

There is a new government document now in operation from September 2021 about what must happen for food for children in Reception and nursery. This has had some impact on what Caterlink will offer for menus. Children in Nursery and Reception will no longer be offered sausages. As a school we will no longer serve meat on the bone – so we will no longer have chicken drumsticks. Parents who provide a packed lunch for their children with grapes in – must now cut the grapes in to quarters NOT half.

**Attendance**

Attendance for the last week was 95%  
Well done to Y1 Pine Class with the best attendance at 99%

**Dates**

- |                                    |                  |
|------------------------------------|------------------|
| Friday 15 <sup>th</sup> October    | Y5 PTA Cake sale |
| Tuesday 19 <sup>th</sup> October   | PTA Junior Quiz  |
| Wednesday 20 <sup>th</sup> October | Harvest Festival |
| Friday 22 <sup>nd</sup> October    | House Challenge  |

**HALF TERM**

- |                                 |                                  |
|---------------------------------|----------------------------------|
| Monday 1 <sup>st</sup> November | Individual School Photograph Day |
|---------------------------------|----------------------------------|



# HOLLY PARK SCHOOL IS COLLECTING FOR HARVEST FESTIVAL



## FOOD BANKS URGENTLY NEED DONATIONS

Food Bank Aid delivers your donations to 17 food banks each week, supporting 12,000+ people (including 3,000 children) across North London.

## WHAT THE FOOD BANKS REALLY NEED



Tinned food - meat, fish, fruit, veg etc



Breakfast Cereals & Porridge



Rice, grains & noodles (max 1kg)



Instant coffee, tea, sugar, UHT Milk



Jam, honey, peanut butter, marmite



Ingredients: Oil, yeast, flour, eggs



Biscuits, crackers, nuts, cereal bars, dried fruit



Toiletries, sanitary pads, incontinence pads



Laundry tablets, washing up liquid, bleach, sprays



Baby formula & nappies (large sizes), creams

## HOW TO DONATE FOR FOOD BANK AID

We will be collecting donations in our Harvest Festival Assembly on **Wednesday, 20 Oct 2021**. Please bring your goods to school on the day.



Food Bank Aid: North London



@foodbankaid\_nl

Food Bank Aid is a registered charity no. 1194314