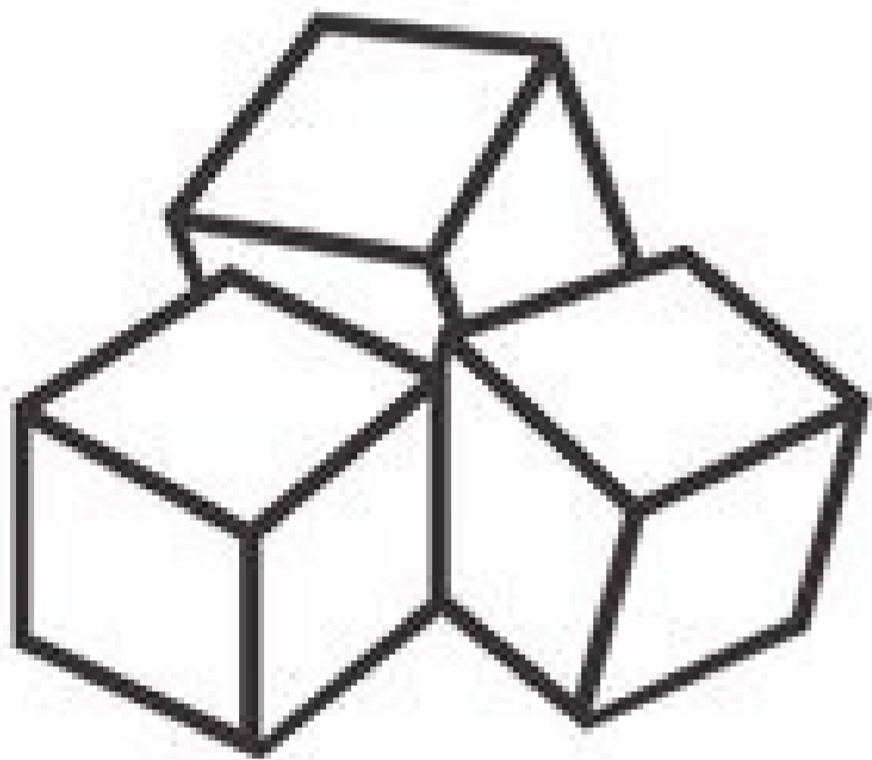
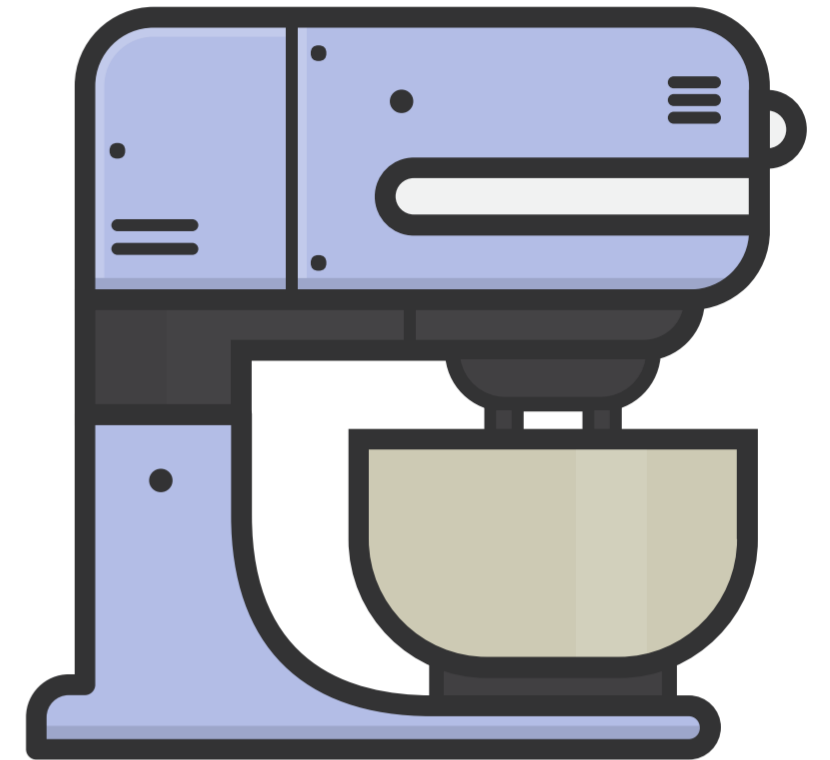


# PRIMARY

## SUGAR REDUCTION UPDATE

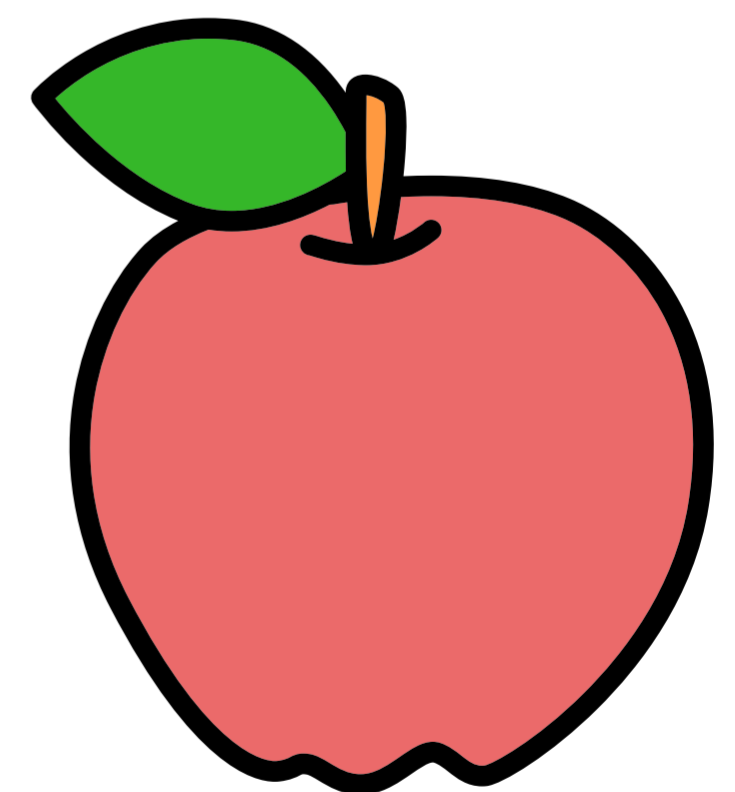
In line with Children's Food Trust recommendations, Caterlink have reduced the sugar within our desserts, ensuring that all contain 6.5g of free sugars or less.



We have removed high sugar ingredients and recipes off the menu, and instead used fresh and dried fruit to sweeten recipes.

Some of our positive updates:

- Our custard now only contains 1g of sugar per portion.
- Daily average of free sugars in the Autumn term desserts is just 4.5g.
- When comparing Autumn 2017 term to Autumn 2016, we have reduced sugar across all Caterlink sites by 46,407kg (This is the same as six elephants, or 100 grand pianos!).



Furthermore, all our portion sizes are in line with the School Food Standards.