**Isolation**

Isolation, slow and sad,

Is it a punishment because we've been bad?

Not seeing my friends makes me feel down,

The roads are all quiet and so is the town.

I like to speak to my friends online,

Which makes me happy every time,

Spending hours playing family games,

Stuck at home, everyday the same.

Exercise every morning with Joe,

Keeps me fit, tires me out though,

But I have learnt to make candles and cook,

What comes after isolation, to the future I look.