**What to pack**

**Here’s a list of things you’ll need to pack – along with a few that aren’t essential but could be useful.**

Things you need:

* Sleeping bag and pillowcase
* A water bottle (essential in the summer)
* Torch
* Rucksack
* Toiletries etc (please note deodorants must be roll-on, no aerosols)
* **Old** clothes for activity sessions – (long-sleeved shirts/jumpers, trousers / jogging bottoms (Not denim jeans), T-Shirts and **closed-toe** shoes are required for nearly all sessions so bring plenty). **Long** sleeved tops and l**ong** trousers are COMPULSORY for some activities, even in hot weather. Clothes, shoes and underwear for other times.
* Waterproof clothing (jacket / trousers)
* Large plastic bag for dirty clothes
* Bath towels x 2
* Sunglasses, sun cream and hat in the summer
* Pyjamas and slippers
* Hard wearing waterproof watch
* **COMPULSORY – a teddy**
* Books, playing cards and other quiet activities
* Personal stereo / MP3 player for the journey there and back

Useful notes:

* No wellies
* Please name all clothing
* Denim jeans are not ideal for outdoor use
* Children are **NOT** allowed to bring mobile phones, electronic toys or games

**Manor Adventure can’t accept liability for the loss of any personal property brought to our centres – so please don’t bring any valuable items, expensive clothing and footwear, mobile phone, handheld games consoles etc. We’re unable to store them and they won’t be insured whilst on centre.**