



BORN TO MOVE™ is a series of classes designed for young people. It uses music, movement and the power of group exercise to boost your energy, increase your skills and leave you feeling amazing.

There are five different age groups. Each class is updated regularly with new music and choreography, so there's always something new to look forward to.

Classes Launching at Holly Park School 20th February 2018

Tuesday Morning	8.15-9.00am Year 4
Wednesday Morning	8.15-9.00am Years 5 & 6
Wednesday Afternoon	3.30-4.30pm Years 1, 2 & 3

Price: £36 per child for a six week course.
Payments must be made to School Money
(Please call the office if any problems)

For more information contact Muneera Kaleel.

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<https://www.lesmills.com/borntomove/>

